#### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
	nd Address of PAMELA	f Reporting Person* A		2. Issu PAYC				er or Tra	ading S	ymbo	1		elationship Director		g Person(s) to all applicabl		
911 PAN	*	(First) TRAIL SOUTH	(Middle)	3. Date of 05/14/2			ransac	tion (M	onth/Da	ay/Yea	ar)		Officer (give	title below)		er (specify belo	ow)
DOCUE	OTED ANY	(Street)		4. If Am	endr	nent, D	ate Ori	iginal Fi	iled(Mor	nth/Day/	/Year)	_X_1	Form filed by	One Reporting I	Filing(Check . Person Reporting Person	Applicable Lir	ne)
ROCHES (Cit	STER, NY	(State)	(Zip)				Т-Ы-	T N	. D		C!4!		D:	-£ D4	S-1-11 O		
1.Title of S	Security		2. Transaction	2A. De	eeme	d		ansactio			ities Acqui			Securities Be	eneficially	6.	7. Nature
(Instr. 3)	,		Date (Month/Day/Year)	Execut any	ion I	Date, if	Code (Instr		(A	or D	isposed of 4 and 5)	f (D) Ow Tra	ned Follow nsaction(s)	ring Reporte	d	Ownership Form:	of Indirect Beneficial
				(Montl	n/Da <u>y</u>	y/Year]	Co	ode	V Ar	nount	(A) or (D)	Price	str. 3 and 4)			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		05/14/2019				N	Л	15	,052	A 3	\$ 20,	,814		-	D	
Common	Stock		05/14/2019				5	S	15	,052	D S	\$ 84.39 5,7	62		-	D	
1. Title of Derivative Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	(e.g., pt 4. Transac Code	tion	5. Num of Der Securi	nber ivative ties red (A) posed	6. Date Expira	ons, con e Exerc	isable ite	ble securit	7. Title and of Underly Securities (Instr. 3 and	d Amount ring		9. Number of Derivative Securities Beneficially Owned Following Reported	Owners Form o	Ownershi (Instr. 4)
						and 5)		Date Exerci	sable	Exp	iration	Title	Amount or Number of		Transaction((Instr. 4)	(I) (Instr. 4	)
Stock Option	\$ 31.5	05/14/2019		Code	V	(A) 1	(D) 5,052	07/12	2/2013	03/2	23/2020	Common	Shares 1 15,052	\$ 0	0	D	
Stock Option	\$ 38.89							07/11	/2014	03/2	23/2020	Common Stock	<sup>1</sup> 12,156		12,156	D	
Stock Option	\$ 41.7							07/09	0/2015	03/2	23/2020	Common Stock	10,850		10,850	D	
Stock Option	\$ 47.43							07/09	0/2016	03/2	23/2020	Common Stock	<sup>1</sup> 11,489		11,489	D	
Stock Option	\$ 70.37							07/12	2/2019	07/	11/2028	Common Stock	10,801		10,801	D	

### **Reporting Owners**

		Relationsl	nips	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
JOSEPH PAMELA A 911 PANORAMA TRAIL SOUTH ROCHESTER, NY 14625	X			

#### **Signatures**

Stephanie L. Schaeffer, Attorney-in-fact	05/14/2019
Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.