FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																
	nd Address of PAMELA	f Reporting Person* A A		2. Issu PAYC			d Tick		Γrading	g Symb	ol		. Relatio	-		g Person(s) to all applicables 10%		
911 PAN		(First) TRAIL SOUTH		3. Date 07/19/			Гransac	tion (I	Month/	/Day/Y	ear)	-	Offic	er (give	title below)	Oth	er (specify belo	ow)
		(Street)		4. If An	nendi	ment, I	Oate Or	iginal	Filed(N	Month/Da	ny/Year)		X_Form f	iled by	One Reporting F		Applicable Lir	ie)
ROCHE	STER, NY	14625										_	Form fi	led by N	More than One R	Reporting Person		
(Cit	ty)	(State)	(Zip)				Table	I - N	on-De	rivativ	e Securitie	s Acquir	ed, Disp	osed	of, or Benef	icially Owne	ed	
1.Title of S (Instr. 3)	Security		2. Transaction Date (Month/Day/Year)) any	tion	Date, it	Code (Instr			(A) or	rities Acqu Disposed of 3, 4 and 5)	f (D)	Owned F Fransact	Follow ion(s)		d	Form:	7. Nature of Indirect Beneficial
				(Mont	h/Da	ıy/Year	Cc	ode	V	Amour	(A) or (D)	Price	(Instr. 3	and 4))		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Commor	n Stock		07/19/2019				N	Л		12,15	6 A	\$ 38.89	18,893				D	
Commor	n Stock		07/19/2019				S	8		12,15	6 D	\$ 85.52	6,737				D	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative		Execution Date, if any	4. Transac Code (Instr. 8	tion	5. Nur of Der Securi	nber rivative ities red (A)	6. Da Expi (Mor	ate Exe	ercisab Date			ies	ount		9. Number of Derivative Securities Beneficially Owned	Owners Form o	ive Ownershi
	Security					of (D) (Instr. and 5)	3, 4,									Following Reported Transaction	Direct (or Indir	D)
				Code	V	(A)	(D)	Date Exer	: cisable		piration ite	Title	or Nu of	nount imber ares		(Instr. 4)	(Instr. 4	
Stock Option	\$ 38.89	07/19/2019		M		1	2,156	07/1	11/20	14 03	3/23/2020	Comm	. 112	.,156	\$ 0	0	D	
Stock Option	\$ 41.7							07/0	09/20	15 03	3/23/2020	Comm		,850		10,850	D	
Stock Option	\$ 47.43							07/0	09/20	16 03	3/23/2020	Comm		,489		11,489	D	
Stock Option	\$ 70.37							07/1	12/20	19 07	7/11/2028	Comm		,801		10,801	D	
Stock Option	\$ 85.33							07/1	11/20	20 07	7/10/2029	Comm		,929		7,929	D	

Reporting Owners

		Relationsl	nips	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
JOSEPH PAMELA A 911 PANORAMA TRAIL SOUTH ROCHESTER, NY 14625	X			

Signatures

Stephanie L. Schaeffer, Attorney-in-fact	07/21/2019
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.